Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B= Blakemore F=Fitness Room FD=Front Desk	MC=Mall Card Room P=Parlor Rms=Resident Rooms 2=2nd Floor Game Table or Dining 3=3rd Floor Community Room 4=4th Floor Card Room	8:00 Continental Breakfast-M 8:30 Exercise with Kristin-F 9:00 Word Games-MC 9:30 Adult Coloring-MC 11:00 Exercise with Joan-F 2:00 Fiber Arts-P 3:00 Texas Holdem Game with Holly-2	9:00 Wii Bowling /Golf Games-B 10:00 Outing/ Shopping at Kroger and NEW! CVS with Kristin-FD 1:00 Outing/Memorial Service for Ted George with Kristin-FD 3:00 Wii Golf Game-B 3:15 Israeli Dance-M	8:30 Exercise with Kristin-F 10:00 Men's Headliners-2 10:00 Rummikub Game with Kristin-M 11:00 Exercise with Joan-F 1:30 Trivia with Malloree-MC 2:15 Book Club with Kristin to discuss Code Name Verity. Also, tell us about a book you have enjoyed!-MC 2:15 Techie Help with Malloree-M 4:00-5:00 Wine and Cheese-P	10:00 NEW TIME! Adult Coloring (Resident Led)-MC 11:00 Exercise with Donice-F 1:00 Meditation with Heidi-MC 2:00 Bingo with Mary and Ann-B 3:15 Trivia on the Big TV Screen with Malloree-B 6:15 Movie/TBA-B Assisted Living Visits with Malloree	9:30 Laughter Yoga-B 9:30 Synagogue Transportation (Call the Front Desk) 1:00 Games (Resident Led)-M 2:00 Movie/TBA-B 6:00 Movie/TBA-B
Church Transportation (Call the Front Desk) 10:30 Worship on TV-2 1:00 Games (Resident Led)-M (No Wii Games Today) 2:00 Movie/TBA-MC 3:30 Music with Better Than Thursday Gospel, Blues and Roots-B 6:00 Movie/TBA-B	9:00 Walking Outing-FD 9:45 NEW! Billiards-3 11:00 Communion with St. Ann's-MC (No Exercise with Donice Today) 1:00 Garden Club Meeting-P 2:00 Bingo with Heidi and Ann-B 3:15 Music with Bill Sleeter-B 5:45 Rummikub Game with Kristin-MC	8:30 Exercise with Kristin-F 9:00 Audiologist Visit with Dr. Samantha O'Leary-MC 9:00 Word Games-M 9:30 Adult Coloring-M 11:00 Exercise with Joan-F 1:00 Activity and Movie Advisory-MC 2:00 Fiber Arts-P 3:00 Texas Holdem Game with Holly-2	10:00 Outing/Shopping at Publix and NEW! Walgreens with Kristin-FD 11:00 Abe's Family Support Group-B 2:00 Music with Homeschool Families-P 2:15 Tea Party Bring your own cup!-P 3:00 Wii Golf Game-B 3:15 Israeli Dance-M	8:30 Exercise with Kristin-F 9:30 Pet Therapy Visits with Hannah or Karman-Rms 10:00 Men's Headliners-2 10:00 Rummikub Game with Kristin-M 11:00 Exercise with Joan-F 1:30 Trivia with Malloree-MC 2:15 Kindness Rocks with Malloree-M 3:00 Town Hall Meeting-B 4:00-5:00 Wine and Cheese-P	10:00 NEW TIME! Adult Coloring (Resident Led)-MC 11:00 Exercise with Donice-F 1:00 Meditation with Heidi-MC 2:00 Bingo with Mary and Ann-B 3:15 Music a Sing-a-long with Teri Reid-B 6:15 Movie/TBA-B Assisted Living Visits with Malloree	9:30 Laughter Yoga-B 9:30 Synagogue Transportation (Call the Front Desk) 1:00 Games (Resident Led)-M 2:00 Movie/TBA-B 6:00 Movie/TBA-B
Church Transportation (Call the Front Desk) 10:30 Worship on TV-2 1:00 Games (Resident Led)-M 2:00 Wii Games-B 2:00 Movie/TBA-MC 6:00 Movie/TBA-B	9:00 Walking Outing-FD 9:45 NEW! Billiards-3 11:00 Resiliency in Aging with Connie-B 11:00 Communion with St. Ann's-MC 1:00 Exercise with Donice-F 2:00 Bingo with Heidi and Ann-B 3:15 Music with The Mechem's-P 5:45 Rummikub Game with Kristin-MC	8:00 Continental Breakfast-M 8:30 Exercise with Kristin-F 9:00 Word Games-MC 9:30 Adult Coloring-MC 11:00 Exercise with Joan-F 1:00 A Bit of Shakespeare Fun-B 2:00 Fiber Arts-P 3:00 Texas Holdem Game with Holly-2 5:00 Combined July and August Resident Birthday Dinner-B	9:00 Wii Bowling/Golf Games-B 10:00 Outing/ Shopping at Dollar Tree at Nashville West with Kristin-FD 1:00 Outing/ The NEW! Sprouts Grocery Store and Goodwill Thrift Store in Bellevue with Kristin-FD 3:00 Wii Golf Game-B 3:15 Israeli Dance-M	8:30 Exercise with Kristin-F 9:00 Podiatrist Visit with Dr. Osorio-B 10:00 Men's Headliners-2 10:00 Rummikub Game with Kristin-M 11:00 Exercise with Joan-F 1:30 Trivia with Malloree-MC 2:15 Crazy Eights Card Game with Malloree—M 3:00 Park Manor Players Present Summer Follies Theatre Arts Show-B 4:00-5:00 Wine and Cheese-P	10:00 NEW TIME! Adult Coloring (Resident Led)-MC 11:00 Exercise with Donice-F 1:00 Meditation with Heidi-MC 2:00 Bingo with Mary and Ann-B 3:15 Music with Keith Sargent-P 6:15 Movie/TBA-B Assisted Living Visits with Malloree	9:30 Laughter Yoga-B 9:30 Synagogue Transportation (Call the Front Desk) 10:00 Pet Therapy Visit with Bella-Rooms 1:00 Games (Resident Led)-M 2:00 Movie/TBA-B 6:00 Movie/TBA-B
Church Transportation (Call the Front Desk) 10:30 Worship on TV-2 1:00 Games (Resident Led)-M 2:00 Wii Games-B 2:00 Movie/TBA-MC 6:00 Movie/TBA-B	9:00 Poetry-MC 9:00 Walking Outing-FD 9:45 NEW! Billiards-3 11:00 Communion with St. Ann's-MC 12:00 Solar Eclipse Party - Join us in the Mall and Courtyard to play games and watch for the eclipse! We will have glasses! Max view at 1:28. (No Exercise with Donice Today) 2:00 Bingo with TBA and Ann-B 5:45 Rummikub Game with Kristin-MC	8:00 Continental Breakfast-M 8:30 Exercise with Kristin-F 9:00 Word Games-MC 9:30 Adult Coloring-MC 11:00 Exercise with Joan-F 1:30 Music with Mike Cronic/The Philcos-P 2:00 Fiber Arts-P 3:00 Texas Holdem Game with Holly-2	9:00 Wii Bowling/ Golf Games-B 11:00 Exercise with Donice-F 1:00 Outing/ Shopping at Walmart at 100 Oaks with Kristin-FD 3:00 Wii Golf Game-B 3:15 Israeli Dance-M	8:30 Exercise with Kristin-F 10:00 Men's Headliners-2 10:00 Rummikub Game with Kristin-M 11:00 Exercise with Joan-F 1:30 Trivia with Malloree-MC 2:15 Bunco Game with Malloree-MC 4:00-5:00 Wine and Cheese-P	10:00 NEW TIME! Adult Coloring (Resident Led)-MC 11:00 Exercise with Donice-F 1:00 Meditation with Heidi-MC 2:00 Bingo with Mary and Ann-B 3:15 Trivia on the Big TV Screen with Malloree-B 6:15 Movie/TBA-B 7:00 Shabbat with JFS-3 Assisted Living Visits with Malloree	9:30 Laughter Yoga-B 9:30 Synagogue Transportation (Call the Front Desk) 1:00 Private Ensemble Dance Company - Girls 5-15 years old perform-B 1:00 Games (Resident Led)-M 2:00 Movie/TBA-MC 6:00 Movie/TBA-B
Church Transportation (Call the Front Desk) 10:30 Worship on TV-2 1:00 Games (Resident Led)-M 2:00 Music with the Hammered Dulcimer group-B (No Wii Games Today) 2:00 Movie/TBA-MC 6:00 Movie/TBA-B	9:00 Poetry-MC 9:00 Walking Outing-FD 9:45 NEW! Billiards-3 11:00 Resiliency in Aging with Connie-B 11:00 Communion with St. Ann's-MC 1:00 Exercise with Donice-F 2:00 Bingo with Heidi and Ann-B 3:15 Talk about Belle Meade Plantation-B 5:45 Rummikub Game with Kristin-MC	8:00 Continental Breakfast-M 8:30 Exercise with Kristin-F 9:00 Word Games-MC 9:30 Adult Coloring-MC 11:00 Exercise with Joan-F 1:15 Travel Show and Discussion with Patsy-MC 2:00 Fiber Arts-P 3:00 Texas Holdem Game with Holly-2	(Wii meets at 11:00 Today) 30 10:00 Worship Service-B 11:00 Wii Bowling/Golf Games-B 1:00 Documentary: David Attenborough's Natural Curiosities-MC 3:00 Wii Golf Game-B 3:15 Israeli Dance-M 4:30 Dinner Outing to Skyking Pizza in Kingston Springs with Kristin-FD	10:00 Men's Headliners-2 10:00 Rummikub Game with Kristin-M	For the latest informat bulletin board by the mailb elevators and watch T second floor, see b	dar is subject to change! cion, please refer to the oxes, daily list of activities in V channel 100. On the oulletin board flyers, personal invites.