

JUNE 2019
Park Manor Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Church Transportation Schedule with the Front Desk</p> <p>11:00- Church Service Live Stream- Abe's Garden Club Room</p> <p>1:00- Word Puzzles- M</p> <p>3:00- Drop in Rummikub- M</p> <p>6:15- Movie: "Vice"- MCR</p>	<p>10:00- Wii Bowling- B</p> <p>10:30- Exercise w/ McKenzie-F</p> <p>12:45- Continue Learning Series: Bruce Lyon Personal Trainer-B</p> <p>2:00- Bingo w/ Mckenzie- B</p> <p>3:15- Music w/ Bill Sleeter- B</p> <p>5:45- Drop in Rummikub- M</p>	<p>8:00-9:00- Continental Breakfast- M</p> <p>9:00- Poetry Group- MCR</p> <p>10:00- Gardening w/ Debra-MCR/C</p> <p>11:00- Exercise w/ Joan- F</p> <p>12:30- Tennessee State Museum Outing- Sign up by the Mail Room</p> <p>1:30- Fiber Arts-P</p> <p>3:15- Chair Yoga w/ Stephany- 3rd Floor Community Room</p>	<p>9:30- Coffee and Headlines w/ Mckenzie- MCR</p> <p>10:30- Exercise w/ Mckenzie-F</p> <p>1:00- Publix Outing- sign up by the mail room</p> <p>2:30- Assisted Living Resident Council Meeting- 2nd floor Dining Area</p> <p>3:15- Israeli Dance w/ Judy- M</p> <p>6:15- Movie: "On the Basis of Sex"- MCR</p>	<p>9:30- Card Game w/ Mckenzie-MCR</p> <p>11:00- Exercise w/ Joan- F</p> <p>1:30- Trivia w/ Malloree-MCR</p> <p>2:15- Wheel of Fortune w/ Malloree</p> <p>3:00- Town Hall-B</p> <p>4:00-Wine and Cheese: Welcome New Residents -B</p>	<p>10:00- Photography club w/ Sue-M</p> <p>11:00- Sing-a-long w/ Genevieve- B No Meditation today!</p> <p>1:00-Donut Social for National Donut Day- M</p> <p>2:00- Bingo w/ Mckenzie- B</p> <p>3:15- Spoons Game w/ Mckenzie- M</p> <p>6:15- Documentary Club (Resident Led)- MCR Assisted Living Visits w/ Malloree</p>	<p>9:30-Laughter Yoga- B</p> <p>10:00- Exercise w/ Ashley- F</p> <p>10:15- Congregation Micha Live Stream- MCR</p> <p>10:30- Tech Help w/ Malloree- M</p> <p>1:00- Rummikub w/ Malloree- M</p> <p>2:00- Movie: "On the Basis of Sex"- B</p> <p>3:00- Birthday Card Committee- M</p> <p>6:15- Movie: "On the Basis of Sex"- MCR Private event in the Parlor</p>
<p>Church Transportation Schedule with the Front Desk</p> <p>11:00- Church Service Live Stream- Abe's Garden Club Room</p> <p>1:00- Word Puzzles- M</p> <p>3:00- Drop in Rummikub- M</p> <p>3:30- Music w/ Better Than Thursday- B</p> <p>6:15- Movie: "On the Basis of Sex"- MCR Shavuot</p>	<p>10:00- Wii Bowling- B</p> <p>10:30- Exercise w/ McKenzie-F</p> <p>1:00- Craft time w/ Mckenzie-MCR</p> <p>2:00- Bingo w/ Heidi- B</p> <p>3:00-NEW DAY! Texas Holdem- 2nd floor gaming table</p> <p>3:15- Art talk w/ Avalee- B</p> <p>5:45- Drop in Rummikub- M</p>	<p>8:00-9:00- Continental Breakfast- M</p> <p>9:00- Poetry Group- MCR</p> <p>9:00- Audiologist- B</p> <p>10:00- Gardening w/ Debra-MCR/C</p> <p>11:00- Exercise w/ Joan- F</p> <p>1:00- Walmart Outing- sign up by the mail room</p> <p>1:30- Fiber Arts-P</p> <p>2:15- Tai Chi w/ Dr. Cindy- B</p> <p>3:00- Blackjack w/ Mckenzie- 2nd floor gaming table</p>	<p>9:30- Coffee and Headlines w/ Mckenzie- MCR</p> <p>10:30- Exercise w/ Mckenzie-F</p> <p>2:00- Park Manor Tea Party- M</p> <p>3:15- Israeli Dance w/ Judy- M</p> <p>5:00- Dinner Outing to "Lucky Bamboo China Bistro"- sign up by the mail room</p> <p>6:15- Movie: "Patton"- MCR</p>	<p>10:00- Book Club w/ Mckenzie- MCR</p> <p>11:00- Exercise w/ Joan- F</p> <p>1:30- Trivia w/ Malloree-MCR</p> <p>2:15- Wheel of Fortune w/ Malloree-MCR</p> <p>3:30-5:00- Park Manor Summer Luau with music by the Ukedelics- B</p>	<p>10:00- Drop in Rummikub- M</p> <p>No Sing a long today!</p> <p>1:00- Meditation w/ Heidi- MCR</p> <p>2:00- Bingo w/ Mckenzie- B</p> <p>3:30-Spoons Game w/ Malloree- M</p> <p>6:00- Dr. Legner Education Series: "Gravity and the Golden Years"- B</p> <p>Assisted Living visits w/ Malloree Flag Day (US)</p>	<p>9:30- Laughter Yoga- B</p> <p>10:00-Exercise w/ Ashley-F</p> <p>10:15- Congregation Micha Live Stream- MCR</p> <p>11:00- Walking Club w/ Malloree- C</p> <p>1:30- Daylily Show Outing at Calvary United Methodist- Sign up by the Mail Room</p> <p>2:00- Movie: "Patton"- B</p> <p>3:00-Card Games (resident led)-M</p> <p>6:15- Movie: "Patton"- MCR</p>
<p>Church Transportation Schedule with the Front Desk</p> <p>11:00- Church Service Live Stream- Abe's Garden Club Room</p> <p>1:00- Word Puzzles- M</p> <p>3:00- Drop in Rummikub- M</p> <p>6:15- Movie: "Patton"- MCR Father's Day</p>	<p>10:00- Wii Bowling- B</p> <p>10:00- Lunch and Visit to the Frist Art Museum- sign up by the mail room</p> <p>No Exercise today!</p> <p>2:00- Bingo w/ Heidi- B</p> <p>3:00- NEW DAY! Texas Holdem w/ Mckenzie- 2nd floor gaming table</p> <p>5:45- Drop in Rummikub- M</p>	<p>8:00-9:00- Continental Breakfast- M</p> <p>9:00- Poetry Group- MCR</p> <p>10:00- Gardening w/ Debra-MCR/C</p> <p>11:00- Exercise w/ Joan- F</p> <p>12:30- Dollar Tree Outing- Sign up by the mail Room</p> <p>1:30- Fiber Arts-P</p> <p>2:15- Ice Cream Social w/ Abe's Garden- M</p> <p>3:15- Chair Yoga w/ Stephany- 3rd Floor Community Room</p> <p>5:00- June Birthday Dinner- B</p>	<p>9:30- Coffee and Headlines w/ Mckenzie- MCR</p> <p>10:30- Exercise w/ Mckenzie-F</p> <p>1:00- Kroger Outing- sign up by the mail room</p> <p>2:30- Card Game- Rummy w/ Mckenzie- MCR</p> <p>3:15- Israeli Dance w/ Judy- M</p> <p>6:15- Movie: "Marry Poppins Returns"- MCR</p>	<p>9:30- Card Game w/ Mckenzie-MCR</p> <p>11:00- Exercise w/ Joan- F</p> <p>1:00- Goodwill Bellevue Outing- Sign up by the Mail Room</p> <p>2:15- Wheel of Fortune w/ Malloree</p> <p>3:00- Drop in Rummikub-M</p> <p>4:00- Wine and Cheese- P</p>	<p>9:45- Tai Chi w/ Dr. Cindy- B</p> <p>10:00- Photography club w/ Sue-M</p> <p>11:00- Sing-a-long w/ Genevieve- B</p> <p>1:00- Meditation w/ Heidi- MCR</p> <p>2:00- Bingo w/ Mckenzie- B</p> <p>3:15- Music w/ Keith Sargent- B</p> <p>6:15- Documentary Club (Resident Led)- MCR Malloree Out of Town Summer Begins</p>	<p>9:30- Laughter Yoga- B</p> <p>10:00- Exercise w/ Ashley- F</p> <p>10:15- Congregation Micha Live Stream- MCR</p> <p>1:00- Drop in Rummikub- M</p> <p>2:00- Movie: "Marry Poppins Returns"-B</p> <p>3:00- Walking Club (Resident led)- FD</p> <p>6:15- Movie: "Marry Poppins Returns"- MCR Malloree Out of Town</p>
<p>Church Transportation Schedule with the Front Desk</p> <p>11:00- Church Service Live Stream- Abe's Garden Club Room</p> <p>1:00- Word Puzzles- M</p> <p>3:00- Drop in Rummikub- M</p> <p>6:15- Movie: "Mary Poppins Returns"-MCR</p>	<p>10:00- Wii Bowling- B</p> <p>10:30- Exercise w/ Malloree- F</p> <p>1:00- Living History Presentation: Abe Lincoln- B</p> <p>2:00- Bingo w/ Heidi- B</p> <p>3:15- Art talk w/ Avalee- B</p> <p>5:45- Drop in Rummikub- M</p> <p>Mckenzie out of town</p>	<p>8:00-9:00- Continental Breakfast- M</p> <p>9:00- Poetry Group- MCR</p> <p>10:00- Gardening w/ Debra-MCR/C</p> <p>11:00- Exercise w/ Joan- F</p> <p>1:30- Fiber Arts-P</p> <p>2:15- Tai Chi w/ Dr. Cindy- B</p> <p>3:00- Classical Cellist Performance by Nick Gold- P</p> <p>Mckenzie Out of town</p>	<p>9:30- Coffee and Bring your own headline- MCR</p> <p>10:30- Exercise- F</p> <p>1:00- Drop in Rummikub - M</p> <p>2:15- Welcome Committee- MCR</p> <p>3:15- Israeli Dance w/ Judy-M</p> <p>6:15-"Singin in the Rain"-MCR</p> <p>Mckenzie out of town</p>	<p>9:30- Card Game- Crazy 8's (Resident Led)-MCR</p> <p>11:00- Exercise w/ Joan- F</p> <p>1:30- Trivia w/ Malloree-MCR</p> <p>2:15- Wheel of Fortune w/ Malloree</p> <p>3:00- Po-ke-no w/ Eileen- MCR</p> <p>4:00- Wine and Cheese</p> <p>Mckenzie Out of Town</p>	<p>10:00- Drop in Rummikub- M</p> <p>11:00-Sing-a-long w/ Genevieve- B</p> <p>1:00- Meditation w/ Heidi- MCR</p> <p>2:00- Bingo- B</p> <p>3:15- Music with Dena- P</p> <p>6:30- Shabbat Service- 3rd Floor Assisted Living visits w/Malloree Mckenzie out of town</p>	<p>10:00- Walking Club (resident led)- M</p> <p>10:15- Congregation Micha Live Stream- MCR</p> <p>1:00- Card Game (Resident led)-M</p> <p>2:00- Movie: "Singin in the Rain"- B</p> <p>3:00-Drop in Rummikub-M</p> <p>6:15- Movie: "Singin in the Rain"- MCR</p> <p>Malloree Out of Town</p>

Church Transportation Schedule with the Front Desk

11:00- Church Service Live Stream- Abe's Garden Club Room

1:00- Word Puzzles- M

3:00- Drop in Rummikub- M

6:15- Movie: "Singin in the Rain"- MCR



B- Blakemore
MCR- Mall Card Room
M- Mall Area
F- Fitness Room
C- Courtyard
FD- Front Desk



This Calendar is subject to change- for the most up to date information check the daily schedules located by the mail room and on the elevators.