

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Church Transportation Schedule with the Front Desk 10:00- Walking Club (resident led)- FD 11:00- Drop in Rummikub- M 11 1:30- Worship Service with First Presbyterian Church of Nashville- B 2:00- Movie: "Poms"- MCR 3:00- Word Puzzles- M 6:00- Movie: "Poms"- MCR	10:30- Exercise with Shawn- B 1:00- Trivia with Shawn- MCR 2:00- Bingo with Shawn- B 3:15- Music w/ Bill Sleeter- B 5:45- Drop in Rummikub- M 6:00- AFI 100 Greatest Films #79: "The Wild Bunch"- MCR	8:00-9:00- Continental Breakfast- M 3 10:00- Poetry Group- MCR 11:00- Exercise w/ Resident Joan-F 1:30- Fiber Arts-M 2:15- Tai Chi w/ Dr. Cindy- B 3:00-Texas Holdem w/ Mckenzie-2 nd floor gaming table	9:30- Coffee and Headlines with Mckenzie- MCR 10:30- Exercise with Mckenzie- F 1:00- Publix Outing- sign up by the mail room 3:00- Blackjack w/ Mckenzie- 2 nd Floor Gaming Table 3;15- Israeli Dance w/ Judy- M	9:30- Headliners Mens Group- 2 nd Floor Dining Area 5 10:00- Card Game with Mckenzie- MCR 11:00- Exercise with Joan- F 1:30- Family Feud w/ Mckenzie- MCR 2:00- Flower Arranging- M 3:00- Drop in Rummikub-M 4:00- Wine and Cheese- P	9:00- Walking Club (resident led) 6 9:15- Nashville Symphony: "Appalachian Song"- Sign up by the Mail Room 10:00- Drop in Rummikub- M 1:00- Meditation w/ Heidi- MCR 2:00- Bingo w/ Mckenzie- B 3:15- NEW!-Bridge Group- 4 th Floor Card Room 6:00- Movie: "A Beautiful Day in the Neighborhood"-MCR	9:00- Coffee and Conversation (Resident Led)- M 7 10:15- Congregation Micah Live Stream- MCR 10:30- Exercise w/ Mckenzie- F 1:00- Music w/ The Mechems-B 2:00- Spoons Game w/ Mckenzie- M 3:00- Drop in Rummikuub- M 6:00- Movie: "A Beautiful Day in the Neighborhood"-MCR
SPRING FORWARD A HOUR Church Transportation Schedule with the Front Desk 10:00- Walking Club (resident led)- FD 11:00- Drop in Rummikub- M 11:00- Church Service Live Stream- AG Club 2:00- Movie: "A Beautiful day in the Neighborhood" 3:00- Word Puzzles-M 6:00- Movie: "A Beautiful Day in the Neighborhood"-MCR <small>Daylight Saving Time Begins</small>	10:00- Wii Bowling- MCR 8 10:00- Devotional with West End Community Church- AG Club 10:30- Exercise w/ Mckenzie- F 1:00- Wheel of Fortune with Shawn- MCR 2:00- Bingo with Heidi- B 3:15-Trivia Game Night! w/ Brenda and Shawn- B 6:00- AFI 100 Greatest Films #78: "Modern Times"- B <small>Purim Begins</small>	8:00-9:00- Continental Breakfast- M 10 9:00- Audiologist Visit- B 10:00- Poetry Group- MCR 11:00- Exercise w/ Resident Joan-F 1:00- Kroger Outing- sign up by the mail room 1:30- Fiber Arts-M 3:00- Texas Holdem w/ Mckenzie- 2 nd Floor Gaming Table	9:30- Coffee and Headlines with Mckenzie- MCR 11 10:30- Exercise with Mckenzie- F 1:00- Wal-Mart outing- sign up by the mail room 3:00- Blackjack w/ Mckenzie- 2 nd Floor Gaming Table 3;15- Israeli Dance w/ Judy- M	9:30- Headliners Mens Group- 2 nd Floor Dining Area 12 10:00- Card Game with Mckenzie- MCR 11:00- Exercise with Joan- F 1:15- Family Feud w/ Mckenzie- MCR 2:00-DAY CHANGE! Meditation w/ Heidi- MCR 3:00- Park Manor Town Hall- B 4:00- Wine and Cheese-P	9:00- Walking Club (Resident led) FD 13 9:45- Tai Chi w/ Dr. Cindy-B 10:00- Rummikub w/ Mckenzie- M No Meditation Today 2:00- Bingo w/ Mckenzie- B 3:15- Tech Help w/ Mckenzie-B 3:15- NEW! Bridge Group-4 th Floor Card Room 6:00- Movie: "Kid Galahad"- MCR	9:00- Coffee and Conversation (Resident Led)- M 14 10:15- Congregation Micah Live Stream- MCR 10:30- Exercise w/ Mallore- F 1:15- Trivia w/ Mallore- MCR 2:00- Spoons Game w/ Mallore- M 3:00- Music with Students from Montgomery- P 6:00- Movie: "Kid Galahad"- MCR
Church Transportation Schedule with the Front Desk 15 10:00- Walking Club (resident led)- FD 11:00- Drop in Rummikub- M 11:00- Church Service Live Stream- AG Club 2:00- Movie: "Kid Galahad"- MCR 3:00- Word Puzzles Wheel - M 6:00- Movie: "Kid Galahad"- MCR	9:45- Lunch and Visit to the Frigate Art Museum- Sign up by the mail room 10:00- Wii Bowling- MCR 10:30- Exercise w/ Shawn- F 1:00- Trivia w/ Shawn-MCR 2:00- Bingo w/ Mckenzie- B 3:15- Music w/ Brian Hanson- B 6:00- AFI 100 Greatest Films #77: "All the President's Men"-B	8:00-9:00- Continental Breakfast- M 17 10:00- Poetry Group- MCR 10:00-Bible Study w/ June Fortson-B 11:00- Exercise w/ resident Joan-F 1:30- St. Patrick's Day Social- M 1:30- Fiber Arts-M 2:15- Tai Chi w/ Dr. Cindy- B 3:00- Texas Holdem w/ Mckenzie-2 nd Floor Gaming Table 5:00-February and March Birthday Dinner- B <small>St. Patrick's Day</small>	9:30- Coffee and Headlines with Mckenzie- MCR 18 10:30- Exercise with Mckenzie- F 1:00- Travel Talk w/ Patsy - MCR 3:00- Blackjack w/ Mckenzie- 2 nd Floor Gaming Table 3;15- Israeli Dance w/ Judy- M	9:00- Dental Visit w/ Dr. Matic by appointment only- AG Club 9:30- Headliners Mens Group- 2 nd Floor Dining Area 19 10:00- Card Game with Mckenzie- MCR 11:00- Exercise with Joan- F 1:30- Family Feud w/ Mckenzie- MCR 2:00- Flower Arranging- M 4:00- Wine and Cheese- P <small>Spring Begins</small>	9:00- Walking Club (Resident led) FD 20 10:00- Rummikub w/ Mckenzie- M No Meditation Today 1:00- Ted Talk w/ Mckenzie- MCR 2:00- Bingo w/ Mckenzie- B 3:15- NEW! Bridge Group-4 th Floor Card Room 6:00- Movie: Jo Jo Rabbit- MCR	9:00- Coffee and Conversation (Resident Led)- M 21 10:15- Congregation Micah Live Stream- MCR 10:30- Exercise w/ Mallore- F 1:15- Trivia w/ Mallore- MCR 2:00- Spoons Game w/ Mallore- M 3:00- Birthday Card Committee- M 6:00- Movie: Jo Jo Rabbit- MCR
Church Transportation Schedule with the Front Desk 22 10:00- Walking Club (resident led)- FD 11:00- Drop in Rummikub- M 11:00- Church Service Live Stream- AG Club 2:00- Movie: Jo Jo Rabbit- MCR 3:00- Word Puzzles- M 6:00- Movie: Jo Jo Rabbit- MCR	10:00- Wii Bowling- MCR 23 10:00- Devotional with West End Community Church- AG Club 10:30- Exercise w/ Mckenzie- B 1:00- Wheel of Fortune with Shawn- MCR 2:00- Bingo w/ Shawn-B 3:15- DIY Craft- M 6:00- AFI 100 Greatest Films #76: Forrest Gump- MCR	8:00-9:00- Continental Breakfast- M 24 10:00- Poetry Group- MCR 11:00- Exercise w/ Resident Joan-F 1:30- Ice Cream Social w/ Abe's Garden- M 1:30- Fiber Arts-M 3:00- Texas Holdem w/ Mckenzie- 2 nd Floor Gaming Table	9:30- Coffee and Headlines with Mckenzie- MCR 25 10:30- Exercise with Mckenzie- F 1:00- Dollar Tree Outing- sign up by the mail room 3:00- Blackjack w/ Mckenzie- 2 nd Floor Gaming Table 3:15- Israeli Dance w/ Judy- M	9:30- Headliners Mens Group- 2 nd Floor Dining Area 26 10:00- Card Game with Mckenzie- MCR 11:00- Exercise with Joan- F 1:30- Family Feud w/ Mckenzie- MCR 2:00- Flower Arranging- M 3:00- Po-ke-no w/ Eileen- MCR 4:00- Wine and Cheese- P	9:45- Tai Chi w/ Dr. Cindy- B 27 10:00- Rummikub w/ Mckenzie- M 1:00- Meditation w/ Heidi- MCR 3:15- NEW! Bridge Group-4 th Floor Card Room 3:30- Activity w/ MBA students- M 6:00- Movie: "Annie Hall"- MCR 6:30- Shabbat Service- 3 rd floor community room	9:00- Coffee and Conversation (Resident Led)- M 28 10:15- Congregation Micah Live Stream- MCR 10:30- Exercise w/ Mallore- F 1:15- NO Trivia Today! 1:30- Drop-in Rummikub-M 2:00- NO Spoons Today! 3:00-Music with Abigail Harms- B 6:00-Movie: "Annie Hall"- MCR
Church Transportation Schedule with the Front Desk 29 10:00- Walking Club (resident led)- FD 11:00- Drop in Rummikub- M 11:00- Chru- ch Service Live Stream- AG Club 2:00- Movie: "Annie Hall"- MCR 3:00- Word Games- M 6:00- Movie: "Annie Hall"- MCR	10:00- Wii Bowling- MCR 30 10:30- Exercise w/ Mckenzie- F 1:00- Trivia w/ Shawn- MCR 2:00- Bingo w/ Mckenzie- B 3:15- 2 nd Floor Resident Council Meeting (AL)- 2 nd Floor Dining Area 6:00- AFI 100 Greatest Films #75: "In the Heat of the Night"- B	8:00-9:00- Continental Breakfast- M 31 10:00- Poetry Group- MCR 11:00- Exercise w/ Resident Joan-F 1:00- Target Outing- Sign up by the Mail Room 1:30- Fiber Arts-M 2:15- Tai Chi w/ Dr. Cindy- B 3:00- Texas Holdem w/ Mckenzie- 2 nd Floor Gaming Table	 <p>March 2020 Park Manor Activities Calendar</p>			